

Umbrella Statement

The School Games inspires young people to be physically active for life through positive experiences of daily activity and competition.

Key Messages

The School Games delivers physical activity via a **local network supported nationally**.

The School Games creates opportunities and experiences that **young people will enjoy**.

The School Games supports the **wider development** of young people.

Proof Points

What

The School Games provides a national network of over **450 School Games Organisers** and over **40 Active Partnerships** who work together locally.

The School Games delivers positive experiences for young people from over **40 different sports** and activities.

The School Games **equip schools and parents** to support young people to be active for at least 60 minutes a day.

The School Games provides opportunities both **virtually and face-to-face** to maximise the support offered to schools and young people.

How

The School Games **listens** to young people to understand their motivations and create opportunities that meet their needs; whether that is creating friendships, building confidence or learning new skills.

The School Games removes barriers and improves access for those young people **facing inequalities and in greatest need**.

The School Games inspires young people to be **active for life** by providing a pathway to community groups and organisations.

The School Games encourages young people to **achieve their personal best**.

Why

Physical Development

Being active for at least 60 minutes a day supports young people to have immediate and long-term health benefits.

Personal Development

the School Games has a positive impact on young peoples' personal development, such as developing their leadership skills and resilience.

Emotional Development

the School Games improves young people's self-esteem, reduces stress, supports their mental wellbeing and builds their resilience.

Social Development

The School Games provides a sense of belonging, enabling young people to develop their teamwork, communication, empathy and respect for others.

Instilling **the School Games' values** of passion, self-belief, respect, honesty, determination, and teamwork supports schools to achieve their broader whole school objectives.

Redbridge School Games Update

Dear Redbridge Schools

This mailing should provide you with all the updates and information you need at this stage of the term. If you have any questions please do not hesitate to contact

scullyt@mayfieldschool.net and c.marsh@ecaterham.net

As always it is crucial to read these mailings as they will continue regularly, keeping you informed of the latest development and updates for The School Games.

Mailing Information:

1. News & Updates: SG Calendar, LYG Calendar
2. Girls football in school's partnership update
3. Partner & NGB updates

1. News and updates

School Games

 Visit our website at yourschoolgames.com to learn more about how we support the personal, emotional and social development of young people through positive experiences of daily activity and competition.

 Complete your Active school planner - a free to use tool, primarily for primary schools but available to all, designed to track and improve physical activity levels in your pupils.

 Complete your Inclusive Health Check – a resource that has been designed in partnership with the English Federation of Disability Sport and allows you to self-review your provision of Inclusive School Games Opportunities.

 **Update** your school profile - If your school is involved in any inter-school competitions please remember to let us know or input this information onto the school games website. Also, if your school would like to host an event please let us know.

School Games Mark 2021/2022

We are delighted to be able to share with you the refreshed criteria for School Games Mark 2021/22. This year, following advice from the School Games Consultation Group, the award levels of Bronze, Silver, Gold and Platinum.

Application window will open 4th May 2022 until 27th July 2022. Please see information and criteria [here](#)



Redbridge School Games Calendar

Entry forms for our January events are now attached! Click on the link above!

Wednesday 18th January – **Primary Dance festival** – [ENTER HERE](#)

LYG Qualifying Secondary Virtual Dance – Deadline virtual entry Friday 25th February @5pm
Find criteria & competition rules [here](#) – Submit videos to c.marsh@ecaterham.net or send via whatsapp 07725941722

Wk 24th January – **Virtual primary fitness week** – [Enter here](#)

Focusing on improving student's health and determination task your students to complete the attached fitness activities.

Tuesday 25th January - **Primary Yr5.6 3v3 Basketball** – [Enter here](#)

London Youth Games Calendar

The London youth games have introduced a tiered system to competition this year:

Inspire events – To engage young people who do not have regular opportunities to engage in physical activity or sport

Aspire events – To engage young people in sport who do not regularly compete in inter-club/school competitions. Non-threatening competitive environment

Higher events – Pathway events to further develop as young athletes

We should be sending the appropriate young people to our School Games events & LYG competitions to ensure everyone has a positive competition experience.



LYG Competition updates:

Girls football 5/6 – Higher event – Tuesday 22nd March @ Jack Carter Pavilion, Oakfield playing fields Fairlop, Ilford, IG6 2JL 10:00-15:30

We will be entering a team by Wednesday 23rd February. if you'd like to be considered for this event please complete the form [HERE](#). **Deadline 7th January 5pm**

Girls football Yr3/4 – Aspire event – Thursday 24th March @ Jack Carter Pavilion, Oakfield playing fields Fairlop, Ilford, IG6 2JL 10:00-15:30 – [Competition Rules](#)

We will be entering a team by Wednesday 23rd February, if you'd like to be considered for this event please complete the form [HERE](#). **Deadline 7th January 5pm**

Please be aware though this is an Aspire event. Therefore, students should be aware of the rules of the game but do not regularly compete in club/school competitions.

New Age Kurling Yr 3/4 – Inspire event – Tuesday 24th March @ Redbridge Sports Centre, Forest Road, Ilford IG6 3HD 10:00-14:30 – [Competition Rules](#)

As this is an inspire event, we will send any school that wishes to attend on a first come, first served basis. If you'd like to attend this event please email me, c.marsh@ecaterham.net



Highlights so far..

On Tuesday 7th December we held our Yr5/6 and Yr8 Sportshall athletics events at Beal High School.

In the Yr5/6 St Augustine took home the trophy with a very convincing performance throughout the track & field events.

YR5/6 RUNNING SCORES														
SCHOOL	SPEED BOUNCE	STANDIN G LONG JUMP	STANDING TRIPLE JUMP	VERTICA L JUMP	CHEST PUSH	JAVELIN	OBSTACL E RELAY	OVER UNDER RELAY	1 +1 LAP RELAY	2+2 LAP RELAY	6 LAP PAARLA UF	4X1 RELAY	TOTAL POINT	POSITION
SEVEN KINGS	22	18	16	16	22	26	14	10	12	10	8	10	184	4
ST AUGUSTINES	32	32	32	30	32	30	16	14	16	14	16	14	278	1
ALDERSBROOK	22	22	28	30	26	20	10	12	14	16	14	16	230	2
CHADWELL	18	22	20	24	20	16	8	8	8	8	10	8	170	5
OAKDALE	26	26	24	22	20	28	12	16	10	12	12	12	220	3

Meanwhile, in the Yr 8 competition the girls from Beal High School stormed ahead of the other competing schools finishing 1st in all but 2 events! While the Yr8 boys competition it was a closer affair, with Seven Kings eventually taking 1st spot winning most of the track events!



YEAR 8 GIRLS RUNNING SCORES													
SCHOOL	STANDIN G LONG JUMP	SPEED BOUNCE	STANDING TRIPLE JUMP	VERTICA L JUMP	INDOOR SHOT PUTT	OBSTACL E RELAY	2 LAP RACE	4 LAP RACE	6 LAP RACE	8 LAP RACE PAARLA UF	4 X 2 LAP RELAY	TOTAL POINT	POSITION
WOODFORD	14	12	10	8	8	10	12	12	14	4	12	116	3
URSULINE	10	4	6	12	16	4	8	8	8	14	6	96	5
BEAL	16	16	16	16	14	16	14	16	16	16	16	172	1
OAKS PARK	6	8	12	6	10	14	10	10	10	6	10	102	4
CHADWELL	12	14	14	14	12	12	16	14	12	10	14	144	2
SEVEN KINGS	4	10	4	10	4	6	6	4	4	8	4	64	7
VALENTINES	8	6	8	4	6	8	4	6	6	12	8	76	6

YEAR 8 BOYS RUNNING SCORES													
SCHOOL	STANDIN G TRIPLE JUMP	VERTICA L JUMP	INDOOR SHOT PUTT	STANDIN G LONG JUMP	SPEED BOUNCE	OBSTACL E RELAY	2 LAP RACE	4 LAP RACE	6 LAP RACE	8 LAP RACE PAARLA UF	4 X 2 LAP RELAY	TOTAL POINTS	POSITION
CHADWELL	8	8	12	10	10	10	12	14	8	8	14	114	5
BEAL	12	14	16	14	14	14	8	8	16	14	12	142	2
OAKS PARK	16	10	10	8	16	12	10	10	10	10	10	122	3
SEVEN KINGS	14	12	14	16	12	16	16	16	12	16	16	160	1
VALENTINES	10	16	8	12	8	8	14	12	14	12	8	122	4



On Wednesday 15th December we held our Yr7 Sportshall athletics events at Beal High School.

YEAR 7 GIRLS RUNNING SCORES													
SCHOOL	SPEED BOUNCE	STANDING LONG JUMP	STANDING TRIPLE JUMP	VERTICAL JUMP	INDOOR SHOT PUTT	OBSTACLE RELAY	2 LAP RACE	4 LAP RACE	6 LAP RACE	8 LAP RACE PAARLAUF	4 X 2 LAP RELAY	TOTAL POINTS	POSITION
OAKS PARK	10	8	14	8	12	10	10	10	14	10	10	116	4
BEAL	16	12	12	14	16	16	16	16	12	16	16	162	1
CHADWELL	8	16	10	12	10	14	12	14	16	12	12	136	2
VALENTINES	12	10	8	10	8	8	8	8	10	8	10	100	5
URSULINE	14	14	16	16	14	12	14	12	8	14	14	148	3
YEAR 7 BOYS RUNNING SCORES													
SCHOOL	STANDING TRIPLE JUMP	VERTICAL JUMP	INDOOR SHOT PUTT	STANDING LONG JUMP	SPEED BOUNCE	OBSTACLE RELAY	2 LAP RACE	4 LAP RACE	6 LAP RACE	8 LAP RACE PAARLAUF	4 X 2 LAP RELAY	TOTAL POINTS	POSITION
OAKS PARK	10	10	14	10	10	10	10	12	12	10	10	118	4
BEAL	14	14	12	14	12	16	14	14	10	14	12	146	3
VALENTINES	16	16	10	16	16	14	12	16	14	16	14	160	1
CHADWELL	12	12	16	12	14	12	16	10	16	12	16	148	2





↻ Redbridge School Games Retweeted



Dom Fenton @Dompanathlon1 · 1 Dec

...

Great morning at City Pavillion for our Redbridge Ten Pin, well done to Chadwell Primary and Gordon Primary who took the top 3 places between them. We have 48 children from 8 6 schools and 10 teams. [@Panathlon](#) [@hbowtell12](#) [@Redbridge_SGO](#)



↻ 2

♡ 2



2. Girls Football in Schools Partnership Update

Programme Updates

REGISTER AT: www.girlsfootballinschools.org

MAKE YOUR PLEDGE



Primary Schools

The FA Shooting Stars programme inspired by Disney uses franchises including Incredibles 2, Aladdin and Marvels' Guardians of the Galaxy to tell stories and encourage your girls to think about football as something for them (not just the boys!) They will be inspired to get active with their friends while learning to play football, but outcomes go much wider than this, with the activities designed to ensure that girls develop key skills such as creativity, problem solving, teamwork and confidence.

Please watch our great Shooting Stars video [here](#) to see the programme come to life and check out the associated [brochure](#). You can also see the resources available in digital format on www.girlsfootballinschools.org

Untrained Schools

We are pleased to announce new dates for the Shooting stars programme! Booking links [here](#)!





Secondary Schools

Game of Our Own has been re-named Game On. It is the same programme! It uses football as the vehicle, Game On is a programme to support secondary school teachers to explore how to engage girls in curriculum PE through an innovative life skills approach. The programme also has a leadership element designed to recruit and support girls to deliver peer led and designed extra-curricular football opportunities to other girls in the school, as well as some fantastic digital resources and videos.

To find out more about the programme pathway and the benefits to your school - check out our detailed guide [here](#).

Each school who attends the training will receive physical resource cards, which link to the digital video content available and on completion of the course teachers also receive an equipment pack including Nike balls, bibs and cones.

Untrained Schools

Please book onto the virtual courses [here](#)!





GO TEACH

WHAT HAPPENS NEXT?

Following the training, here is what some schools have gone on to do and what change has occurred.

WHAT HAVE YOU DONE SINCE THE TRAINING?

"Loved resources and player cards 'amazing'. Low ability in lessons is where really use the life skills - get the excitement around football at the minute. Girls starting to recognise and verbalise the life skills in lessons."

Activities on a carousel

"Mixed classes, sometimes together some separately. Lots of leadership (responsibility, collaboration). Responded really well to the resource cards, create own drills, deliver to other groups."

Football Fran on the noticeboard

"Opportunity to survey the girl's reflections and thoughts on football and PE."

Life Skill Journal

"Girls can select a life skill they are going to focus on from a selection, based on what they feel they want to develop. After the lesson, they reflect on their progress in developing that life skill and how they demonstrated it in the session."

WHAT CHANGES HAVE YOU NOTICED?

Game On had a positive impact on the girls in the following ways:

Interpersonal skills

Confidence

Self-assurance

Listening to and taking on board feedback



"Having had the opportunity to lead and using the games cards, the girls have understood further why teachers ask certain questions of them in order to challenge and improve their confidence, competence and motivation in PE."

One lead practitioner, an experienced football coach himself, described how this programme helped him to take a step back from his coaching responsibilities. Instead of coaching girls to play football, he was coaching them how to be coaches.



Let Girls Play

To coincide with International Day of the Girl, The FA launched a new campaign – Let Girls Play – which supports their ambition to give all girls equal access to play football in school by 2024.

Backed by Let Girls Play ambassadors Abi, aged 17 and Olivia, aged 15, along with Barclays ambassador Kelly Smith, MBE, the Let Girls Play campaign will inspire and empower communities and schools to help make change, unlocking equal opportunities for girls to participate in the sport.

The FA's Director of Women's Football, Baroness Sue Campbell, said of the campaign: *"Momentum is building as next summer's UEFA Women's EUROs get ever closer, but we do not want to wait until then to inspire and empower others to help create equal access to playing football at school. Currently, only a third of girls aged 5-18 participate in football every week, and we want to change that. Now is the time to drive a far-reaching ambition to open up the game in every way to girls, and the Let Girls Play campaign allows parents and teachers to play a huge role in joining us in this commitment."*

[WATCH HERE](#)



3. Partner/NGB opportunities

Karate lessons at local schools:

- This can be either as a before school activity or as an after school one. Lessons can either be charged on a pay as you train basis or as a one off course fee. For further information contact: robertfresco@talktalk.net Or 0208 524 0187 or mobile 07951 309914

Basketball England:

- The Junior NBA is back! Yr7*8 girls and boys across the country and opportunity to represent their favourite NBA team in a quest to secure a championship ring. There is no entry fee for taking part and each school will receive a Jr. NBA Basketball England kit of their drafted team. Click [HERE](#) to submit an expression of interest if you would like to get involved

National Junior Indoor Rowing Championships 2022

- The NJIRC will be a hybrid event, which means you'll be able to take part as a virtual competitor or an in-person competitor live at the Copperbox! Sign up [here](#)

We are looking for a **Young Athlete Role Model** to represent East London at the upcoming Step Into Sport Camp (8 Feb). The selected student from East London schools will work with YST Mentor Toby Garbett (Olympic Rower) to present their "story" to peers - can be SEND student who has used the power of sport to succeed/overcome barriers or mainstream student who has benefitted from leading disability or inclusive sport. Please ask schools/colleagues to consider if they have any students who could be nominated for this unique experience (y8 and above). The Young Athlete Role Model will present to other young leaders on 8 February SIS Camp alongside Toby Garbett and other Olympians/Paralympians.

Please nominate students using by sending a brief outline of the student and their role or achievements so far in inclusive PE and sport to steve@newhamssp.com The school and student will receive a visit from Toby Garbett to support this and his time can also be used in PE classes/assemblies etc on the day of his visit.



FRENFORD & MSA WFC
PRESENT

PRIMARY SCHOOL FOOTBALL SESSIONS FOR YOUNG GIRLS

SUPPORTED BY
MAYOR OF LONDON



Frenford & MSA WFC are pleased to offer, for free, school based football training sessions for young girls in year 1 through to 6

The club will deliver up to a half-term per year group of football coaching either at lunchtime or afterschool. The sessions will be based on Disney Shooting Stars programme.

Sessions will be delivered by qualified, FA DBS verified, female coaches and can be supported by a female youth worker as required.

The provision is funded by the Mayor's Young Londoners Fund, so we encourage schools to align any at risk young people to the programme.

To book sessions or for more information please contact Charlotte Marsh, School Games Organiser and FA Girls Football Strategic lead for Redbridge.

E-mail:
C.Marsh@ecaterham.net



Please add some of these posters to your notice boards for students



SECONDARY SCHOOLS LEADERBOARD

JOIN THE SCHOOL TEAM

- ***Collect virtual tags
- ***Walk, Run, Cycle
- ***Accumulate points and steps towards your school team

www.streettag.co.uk

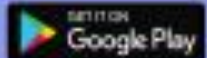
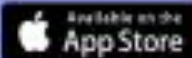




LOTS OF PRIZES TO BE WON

TAGS CAN BE SEEN ON THE MAIN SCREEN MAP. THE TAGS ARE YELLOW. ONCE THEY ARE COLLECTED THEY TURN RED. SIMPLY WALK, RUN OR CYCLE TO BE WITHIN A 40-METRE RADIUS OF THE TAG TO COLLECT THEM. A TAG CANNOT BE RE-COLLECTED WITHIN AN HOUR.

TO FIND OUT MORE
Contact
reha@streettag.co.uk





LONDON YOUTH GAMES



2022

Would you like to represent Redbridge at the
London Youth Games 2022?

<https://www.surveymonkey.co.uk/r/RedLYG2022>



You must live or go to school in the London Borough of Redbridge.

For further information please contact:

Darren.trippick@visionrcl.org.uk or
0208 708 0950



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#THISISLYG



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CAMPS

**DECEMBER NETBALL
CAMPS AT THE
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Pulse Players



BOOK NOW!
20TH, 21ST & 23RD DECEMBER

<https://londonpulsenetball.com/product/xmas-netball-camp-copperbox-arena-olympic-park/>



**SILVER CAPS
ACCREDITED CLUB**


AP SAINTS
Netball Club



**AGES 10-15
WEEKLY TRAINING SESSIONS
EVERY WEDNESDAY**

AP SAINTS NC

**LOCATION: LAMMAS SCHOOL AND SIXTH FORM, 150 SEYMOUR
ROAD, LONDON E10 7LX**

**DATE: EVERY WEDNESDAY STARTING 3RD NOVEMBER 2021
Time: 5:30-7:30PM**

**COME ALONG ON THE 3RD NOVEMBER FOR OUR GRAND
OPENING. FREE TO COME ALONG TO THIS SESSION, BRING
YOUR FRIENDS!**

**TRAINING SESSIONS TO IMPROVE BALL SKILLS, FITNESS AND
TECHNICAL & TACTICAL SKILLS**

TO SIGN UP EMAIL SHANA.APSAINTS@GMAIL.COM





Wansted RFC



Girls & Womens Touch Rugby

Get Involved | Get Social | Have Fun

**Sunday's from November
21st 2021 | 1pm - 3pm**

**All Ages
Welcome**

Contact

info@kdwsportscoachinglimited.com

020 8550 1561

**Centenary Field, Roding Lane North
Woodford, IG8 8JR**





DAGENHAM & REDBRIDGE WOMENS & GIRLS FC



Girls development sessions

for age 8 - 16 year olds (school year 3 - year 11)

starting
9th of October 2021

Saturday mornings
9am - 10am

All coaches are
level 1 - UEFA B
qualified &
hold valid DBS

Dagenham Park Leisure centre,
School Road, Dagenham, RM10 9QH

To register contact Deana on
daggersgirlsfc@hotmail.com

£5
per player





FREE ONLINE PRIMARY TEACHER TRAINING & RESOURCES from the LTA

A new, free online course to guide you through how to use our innovative resources that have been developed by teachers, for teachers.

As well as teaching fundamental movement skills and developing physical literacy, tennis is also a great way of developing personal and character skills and we have classroom materials to support.

Teachers who complete the course will receive a resource pack and a £250 voucher* to spend on equipment, or ten hours of team teaching support from an LTA Accredited Coach!

Sign up to the online course and access all the resources at: www.lta.org.uk/schools

*Limited to one per school.
The LTA Youth Schools programme has been granted 'Approved Provider Status' by the Association for Physical Education's Professional Development Board. Supported by The Tennis Foundation.

**£250
VOUCHER
FOR EACH
SCHOOL**

 **Professional Development Board**
2020-2023
for Physical Education





**YOUTH
SPORT
TRUST**



Believing in
every child's
future

YST –Support Packages / Memberships

YST have some great CPD memberships on offer. Find more Information [here](#)

YST's member benefits are a selection of physical and online resources as well as virtual or face to face CPD offered to individual schools or groups of schools. You will see the benefits table [here](#).

There is Core @£210, Plus @£525 and Premium @£1100. If you are interested in a YST membership please let us know as we can cluster our schools for more benefits!



Teach Active

Please find attached a Teach Active flyer. Schools can sign up to a Free Trial by visiting www.teachactive.org where they get access to 50 free plans, covering Reading, Writing and Maths - covering every year group from FS-Year 6 – so every class can try this out. They have developed home learning resources to assist schools in instances where whole classes or bubbles are sent home offering an active learning environment at home. Jon and the team at Teach Active are very willing to demo the website, just get in touch.

Complete PE

Catherine the Director at Complete PE is fantastic and is offering free webinars to clusters of schools. You will see from the attached there are 5 webinars, lasting approximately 1 hour for up to 100 attendees. By popular demand she is developing another which is PE in the Classroom, I will receive the synopsis shortly. Schools again can access a Complete PE trial here <https://www.completeperesource.com/contact.php>. The Complete PE resource comes with an option to purchase with YST TOP's and My Personal Best cards embedded.



Orienteering

At Josh Jenner Orienteering Coach and Mapper, they provide a full range of orienteering services.

Their work with schools – locally and nationwide – provides everything required to teach orienteering in schools, as well as orienteering courses for children and training courses for teachers.

Additionally, they have an online shop that sells orienteering accessories. To find out more information head to <http://orienteeringcoach.com/> or email your SGO.



ACTIVATE YOUR TEACHING!

THE OUTDOOR CLASSROOM

The Outdoor Classroom is an iPad app and web portal that makes learning in the outdoors fun and exciting.

EASILY PLAN AND SETUP OUTDOOR LEARNING LESSONS

Teachers use the private dashboard to create a new orienteering course, add their class and plot out a route around the school grounds. You can add fun content such as quizzes, tasks and videos, then simply upload your lesson to the learning library and you're ready to use it.

Pupils use The Outdoor Classroom app to explore the school grounds while looking for a series of permanent plaques. Scanning a plaque uncovers interactive content which they can respond to directly through the app. At the end of the course, results are displayed on an intra-school leaderboard and teachers can view and download the saved answers.

**Track distance and time**
Monitor activity levels and create intra-school competitions

**Teach any subject and key stage**
The Outdoor Classroom is a platform to teach any topic or subject to any age group or learning level

**Learn outdoors all year round**
Outdoor learning can take place any time of year, not just when the sun is shining!

GET IN TOUCH:
info@theoutdoorclassroom.co
<http://theoutdoorclassroom.co>

 **THE OUTDOOR CLASSROOM**

