

Tuesday 23rd June 2026

Relationships and Health Education (RHE) Consultation

Dear Parents and Carers,

The government has introduced updated Relationships and Health Education (RHE) guidance, which all schools are required to follow from 1st September 2026. As part of our commitment to providing a high-quality education that prepares children for life in modern Britain, we are reviewing our Relationships and Health Education (RHE) curriculum and policy.

Relationships Education and Health Education are statutory subjects in all primary schools.

Our, Relationships and Health Education (RHE) curriculum, is carefully designed to build pupils' knowledge, understanding and vocabulary progressively as they move through the school. A key feature of our curriculum design is the use of threads.

What are 'threads'?

We use threads to signpost groups of units that link to one another and, over time, build a common body of knowledge. We use the term thread because it helps to visualise how key ideas weave through the curriculum year after year.

The threads that run through the RHE curricula are:

- Community
- Relationships
- Online safety
- Wellbeing
- Growing up

By structuring the curriculum in this way, pupils are supported to navigate a wide range of real-life situations. For example, the threads on wellbeing and relationships teach pupils the vocabulary to name their emotions, before later developing how they can manage those emotions in different contexts. The consistent use of these threads across primary and secondary supports effective transition, enabling pupils to build on prior knowledge.

Gordon Primary School, Golfe Road, Ilford, Essex, IG1 1SU
Tel: 020 8478 2977 or Tel: 020 8514 7218

RHE consultation

We recognise that parents and carers are children's first educators and play a vital role in supporting their personal development. We therefore wish to consult with you before our Governing Body reviews and approves the updated RHE policy.

What is being consulted on?

We are seeking your views on:

- The school's RHE Policy.
- The content and organisation of our RHE curriculum.
- How we communicate with parents and carers about RHE.
- Any questions or suggestions you may have.

How can I find out more?

The following documents are available on our website:

- Draft RHE Policy
- RHE Curriculum Overview
- Frequently Asked Questions (FAQ)
- Consultation Survey link

Parent Information Session

We will be holding a Parent Information Session on:

Date: Monday 29th June 2026

Time: 3:40pm

Location: KS2 Hall at Gordon Primary School

Alternatively, you can join the session online using the meeting details below.

Join: <https://teams.microsoft.com/meet/316502020724251?p=yXQv0qAnNpOIGnHPlm>

Meeting ID: 316 502 020 724 251

Passcode: mr7yw6de

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During this session we will:

- Explain statutory requirements.
- Share the curriculum content taught in each year group.
- Discuss how RHE supports children's wellbeing and safeguarding.
- Answer any questions you may have.

How can I share my views?

Please complete the consultation survey: [Clementswood Federation RHE Parent and Carer Consultation Survey – Fill out form](#)

Deadline: 14th July at 4pm (**at the latest**)

You may also submit comments via email to: RHE@gordonpri.uk or contact the school office to arrange a discussion with Miss Rogers.

Thank you for taking the time to contribute to this important process. We value your views and look forward to working in partnership to support the wellbeing and development of all our pupils.

Yours faithfully,

Miss Naidoo

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