

Let's see what's for lunch...

Week 1

Monday	Main Meals Lamb Bolognaise with Spaghetti Halal Lamb Bolognaise with Spaghetti Vegan Bolognaise with Spaghetti Baked Jackets with Grated Cheese	Served With Peas & Broccoli
		Dessert Maryland Cookie
Tuesday	Main Meals Sweet & Sour Chicken with Steamed Rice Halal Sweet & Sour Chicken with Steamed Rice Vegan Sweet & Sour Vegetables with Steamed Rice Pasta & Tomato Sauce	Served With Carrots & Sweetcorn
		Dessert Apple Crumble with Custard
Wednesday	Main Meals Roast Chicken with Roast Potatoes & Gravy Halal Roast Chicken with Roast Potatoes & Gravy Vegan Vegetable Biryani Baked Jackets with Baked Beans	Served With Seasonal Greens & Cauliflower
		Dessert Cherry Cornflake Cake
Thursday	Main Meals BBQ Chicken Pizza with Baked Wedges Halal BBQ Chicken Pizza with Baked Wedges Margherita Pizza with Baked Wedges Pasta & Tomato Sauce	Served With Broccoli & Carrots
		Dessert Chocolate & Pear Sponge
Friday	Main Meals Breaded Fish Fingers with Chips & Ketchup Vegan Goujons with Chips & Ketchup Baked Jackets with Grated Cheese	Served With Peas & Baked Beans
		Dessert Banana Flapjack

Freshly Baked Bread:
Carrot & Beetroot or Wholemeal Bread

Week 1:
1st January, 22nd January, 12th February, 4th March, 25th March, 15th April, 6th May

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt or Jelly

Week 2

Monday	Main Meals Chicken Pie with Mashed Potato & Gravy Halal Chicken Pie with Mashed Potato & Gravy Vegan Sausage with Mashed Potato & Gravy Pasta & Tomato Sauce	Served With Sweetcorn & Baked Beans
		Dessert Chocolate Rice Krispie Cake
Tuesday	Main Meals Chicken & Mushroom Carbonara with Pasta Halal Chicken & Mushroom Carbonara with Pasta Vegan Tomato & Mixed Bean Sauce with Fusilli Baked Jackets with Grated Cheese	Served With Carrots & Broccoli
		Dessert Mandarin Jelly
Wednesday	Main Meals Roast Chicken with Roast Potatoes & Gravy Halal Roast Chicken with Roast Potatoes & Gravy Vegan Sweet Chilli Stir-fry Mushroom with Steamed Rice Wholewheat Pasta & Tomato Sauce	Served With Seasonal Greens & Peas
		Dessert Vanilla Ice Cream
Thursday	Main Meals Margherita Pizza with Baked Wedges Baked Jackets with Baked Beans or Salmon Mayonnaise	Served With Carrots & Sweetcorn
		Dessert Apple & Carrot Flapjack
Friday	Main Meals Breaded Fish Fingers with Chips & Ketchup Vegan Fajita Wrap with Chips & Ketchup Pasta & Tomato Sauce	Served With Peas & Baked Beans
		Dessert Lemon Drizzle Sponge

Freshly Baked Bread:
Garlic & Herb or Wholemeal Bread

Week 2: 8th January, 29th January, 19th February, 11th March, 1st April, 22nd April, 13th May

Week 3

Monday	Main Meals Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne Halal Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne Vegan Roasted Ratatouille with Penne Baked Jackets with Grated Cheese	Served With Carrots & Broccoli
		Dessert Orange Shortbread Biscuit
Tuesday	Main Meals Fajita Spiced Turkey & Vegetables with Steamed Rice Halal Fajita Spiced Turkey & Vegetables with Steamed Rice Vegan Burrito Pasta & Tomato Sauce	Served With Sweetcorn & Coleslaw
		Dessert Carrot Cake
Wednesday	Main Meals Herby Roast Chicken with Roast Potatoes & Gravy Halal Herby Roast Chicken with Roast Potatoes & Gravy 3 Vegetable Mac n' Cheese Baked Jackets with Baked Beans	Served With Seasonal Greens & Broccoli
		Dessert Chocolate & Beetroot Brownie
Thursday	Main Meals Chicken Tikka Pizza with Baked Wedges Halal Chicken Tikka Pizza with Baked Wedges Margherita Pizza with Baked Wedges Pasta & Tomato Sauce	Served With Cauliflower & Carrots
		Dessert Vanilla Ice Cream
Friday	Main Meals Breaded Fish Fingers with Chips & Ketchup Vegan Bubble & Squeak with Chips & Ketchup Baked Jackets with Grated Cheese	Served With Peas & Baked Beans
		Dessert Apple & Parsnip Cake

Freshly Baked Bread:
Courgette & Tomato or Wholemeal Bread

Week 3:
15th January, 5th February, 26th February, 18th March, 8th April, 29th April, 20th May

BM3 HalalNonGordon
Jan 2024

All products are subject to availability

pabulummm
HONESTLY GOOD FOOD

