

Let's see what's for lunch...



Monday	Main Meals		Vegetables
	Chicken Fajita Wrap		Sweetcorn Ve
	Halal Chicken Fajita Wrap		
	Vegetable & Bean Burrito Ve		Dessert
	Jacket Potato with Baked Beans Ve		Chocolate Rice Krispie Cake V
Tuesday	Main Meals		Vegetables
	Lamb Bolognaise with Spaghetti		Peas Ve
	Halal Lamb Bolognaise with Spaghetti		
	Vegan Bolognaise with Spaghetti Ve		Dessert
	Jacket Potato with Cheese V		Carrot Cake V
Wednesday	Main Meals		Vegetables
	Roast Chicken with Roast Potatoes & Gravy		Seasonal Greens Ve
	Halal Roast Chicken with Roast Potatoes & Gravy		
	Macaroni & Cheese V		Dessert
	Jacket Potato with Salmon Mayonnaise		Vanilla Ice Cream V
Thursday	Main Meals		Vegetables
	BBQ Chicken Pizza		Steamed Carrots Ve
	Halal BBQ Chicken Pizza		
	Margherita Pizza V		Dessert
	Pasta with Roasted Tomato & Basil Sauce Ve		Maryland Cookie V
Friday	Main Meals		Vegetables
	Breaded Fish Fingers		Chips & Baked Beans Ve
	Vegetable & Bean Chimichangas V		
	Pasta with Cheese Sauce V		Dessert
			Chocolate & Courgette Sponge V
Freshly Baked Bread:			
Pesto Bread V Wholemeal Bread V			

Week 1:
20th February, 13th March, 3rd April, 24th April, 15th May, 5th June, 26th June, 17th July, 28th August, 18th September, 9th October

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit **Ve**
Yoghurt **V** or Jelly **Ve**



Monday	Main Meals Chicken Burger in a Bun Halal Chicken Burger in a Bun Vegetable Burger in a Bun Ve Wholewheat Pasta with Arrabiatta Sauce Ve	Vegetables Carrot Sticks Ve Dessert Lemon Drizzle Sponge V
Tuesday	Main Meals Lamb Lasagne Halal Lamb Lasagne Vegetable Fajita Wrap Ve Jacket Potato with Cheese V	Vegetables Sweetcorn Ve Dessert Flapjack Ve
Wednesday	Main Meals Lemon & Thyme Roast Chicken with Roast Potatoes & Gravy Halal Lemon & Thyme Roast Chicken with Roast Potatoes & Gravy Ratatouille Pasta Bake Ve Jacket Potato with Baked Beans Ve	Vegetables Pan Fried Leeks Ve Dessert Orange Shortbread Biscuit Ve
Thursday	Main Meals Chicken Tikka Pizza Halal Chicken Tikka Pizza Margherita Pizza V Pasta with Tomato & Vegetable Sauce Ve	Vegetables Broccoli Ve Dessert Apple Crumble Ve with Custard V
Friday	Main Meals Breaded Fish Fingers Spiced Squash & Spinach Samosa Ve Pasta with Cheese Sauce V	Vegetables Chips & Baked Beans Ve Dessert Apple & Parsnip Cake V
Freshly Baked Bread: Tomato & Herb Bread V Wholemeal Bread V		

Week 2:
27th February, 20th March, 10th April, 1st May, 22nd May, 12th June, 3rd July, 4th September, 25th September, 16th October



V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians

Monday	Main Meals		Vegetables
	Chicken & Vegetable Pie with Mashed Potato & Gravy		Peas Ve
	Halal Chicken & Vegetable Pie with Mashed Potato & Gravy		Dessert
	Vegan Sausages with Mashed Potato & Gravy Ve		Apple & Carrot Flapjack Ve
	Pasta with Cheese Sauce V		
Tuesday	Main Meals		Vegetables
	Lamb Chilli with Steamed Rice		Steamed Carrots Ve
	Halal Lamb Chilli with Steamed Rice		Dessert
	Vegetable Chilli with Steamed Rice Ve		Chocolate & Beetroot Brownie V
	Jacket Potato with Cheese V		
Wednesday	Main Meals		Vegetables
	Sticky Glazed Chicken		Spicy Potato Wedges
	Halal Sticky Glazed Chicken		Ve & Coleslaw V
	Vegetable Pasta Bake V		Dessert
	Pasta with Tomato & Basil Sauce Ve		Cherry Cornflake Cake V
Thursday	Main Meals		Vegetables
	Paprika Spiced Chicken & Sweetcorn Pizza		Pan Fried Leeks Ve
	Halal Paprika Spiced Chicken & Sweetcorn Pizza		Dessert
	Margherita Pizza V		Vanilla Ice Cream V
	Jacket Potato with Baked Beans Ve		
Friday	Main Meals		Vegetables
	Breaded Fish Fingers		Chips & Baked Beans Ve
	Vegetable & Bean Stuffed Pitta Pocket Ve		Dessert
	Pasta with Tomato & Lentil Sauce Ve		Chocolate Shortbread Biscuit Ve
Freshly Baked Bread:			
Garlic & Rosemary Bread V Wholemeal Bread V			

Week 3:
6th March, 27th March, 17th April, 8th May, 29th May, 19th June, 10th July, 11th September, 2nd October

BM3 Halal Non Gordon
February 2023
All products are subject to availability