

Let's see what's for lunch...

Monday	Main Meals Mediterranean Chicken & Vegetables with Cous Cous (G,so) Halal Mediterranean Chicken & Vegetables with Cous Cous (G,so) Tex Mex Vegetarian Sausage Hot Pot (G) Ve Pasta (G) with Cheese Sauce (G,MK) V	Vegetables Sweetcorn & Peas Ve Dessert Vanilla Ice Cream (MK) with Fruit Compote V
	Main Meals Sweet & Sour Chicken (G,C) with Steamed Rice Halal Sweet & Sour Chicken (G,C) with Steamed Rice Sweet Potato & Vegetable Curry (C) with Steamed Rice Ve Jacket Potato with Baked Beans Ve	Vegetables Cauliflower & Green Beans Ve Dessert Fruit Burst Jelly Ve
	Main Meals Roast Chicken with Roast Potatoes & Gravy Halal Roast Chicken with Roast Potatoes & Gravy BBQ Roast Sweet Potato & Bean Loaf (g) with Roast Potatoes & Gravy Ve Wholegrain Pasta (G) with Tomato Sauce (C) Ve	Vegetables Seasonal Greens & Carrots Ve Dessert Apple & Oaty Topped Crumble (G) Ve with Custard (MK) V
Tuesday	Main Meals BBQ Chicken Pizza (G,MK) Halal BBQ Chicken Pizza (G,MK) Chick Pea & Vegetable Madras Curry with Rice Ve Jacket Potato with Tuna Mayonnaise (E,F)	Vegetables Sweetcorn Ve & Coleslaw (E) V Dessert Chocolate & Courgette Sponge (G,E) with Chocolate Sauce (MK) V
	Main Meals Fish Fingers (G,F) with Oven Baked Chips Vegetable Burrito Wrap (G,SO) Ve Pasta (G) with Tomato Sauce (C) Ve	Vegetables Peas & Baked Beans Ve Dessert Maryland Cookie (G,mk) V
Freshly Baked Bread: Garlic & Herb Bread (G,SO,MK,e) V Wholemeal Bread (G,SO,MK,e) V		
Week 1: 1 st September, 19 th September, 10 th October, 31 st October, 21 st November, 12 th December		

Monday	Main Meals Chicken Burger in a Bun (G,se) Halal Chicken Burger in a Bun (G,se) Vegan Bolognese (SO,g) with Spaghetti (G) Ve Jacket Potato with Baked Beans Ve	Vegetables Sweetcorn Ve & Coleslaw (E) V Dessert Jammy Bread & Butter Pudding (G,E,SO,MK,SU) with Custard (MK) V
	Main Meals Chicken & Sweetcorn Meatballs with Spicy Tomato Sauce (g) & Pasta (G) Halal Chicken & Sweetcorn Meatballs with Spicy Tomato Sauce (g) & Pasta (G) Sweet & Sour Vegetables (G,C) with Steamed Rice Ve Wholegrain Pasta (G) with Cheese Sauce (G,MK) V	Vegetables Cauliflower & Peas Ve Dessert Oat & Cherry Cookie (G,SU) Ve
Tuesday	Main Meals Roast Chicken with Roast Potatoes & Gravy Halal Roast Chicken with Roast Potatoes & Gravy Cauliflower & Cheese Bake (G,MK) with Roast Potatoes & Gravy V Pasta (G) with Cheese Sauce (G,MK) V	Vegetables Seasonal Greens & Carrots Ve Dessert Banana Flapjack (G) Ve
	Main Meals Chicken Tikka Pizza (G,MK) Halal Chicken Tikka Pizza (G,MK) Vegan Chilli Con Carne (SO,C,g) with Rice Ve Jacket Potato with Tuna Mayonnaise (E,F)	Vegetables Sweetcorn Ve & Coleslaw (E) V Dessert Chocolate & Courgette Sponge (G,E) with Chocolate Sauce (MK) V
Wednesday	Main Meals Battered Fish (G,F) with Oven Baked Chips Vegetable Goujon with Oven Baked Chips Ve Pasta (G) with Roasted Tomato Sauce Ve	Vegetables Baked Beans & Peas Ve Dessert Vanilla Ice Cream (MK) with Peach Compote V
	Main Meals Chicken Tikka Pizza (G,MK) Halal Chicken Tikka Pizza (G,MK) Vegan Chilli Con Carne (SO,C,g) with Rice Ve Jacket Potato with Tuna Mayonnaise (E,F)	Vegetables Sweetcorn Ve & Coleslaw (E) V Dessert Chocolate & Courgette Sponge (G,E) with Chocolate Sauce (MK) V
Freshly Baked Bread: Carrot & Thyme Bread (G,SO,MK,e) V Wholemeal Bread (G,SO,MK,e) V		
Week 2: 5 th September, 26 th September, 17 th October, 7 th November, 28 th November		

Monday	Main Meals Shepherds Pie topped with Sliced Sweet Potato (g) Halal Shepherds Pie topped with Sliced Sweet Potato (g) Macaroni & Cheese (G,MK) V Jacket Potato with Baked Beans Ve	Vegetables Peas & Carrots Ve Dessert Sticky Banana Bread (G,SO,MK,e) V
	Main Meals Spicy Turkey & Vegetable Curry (MU) with Steamed Rice Halal Spicy Turkey & Vegetable Curry (MU) with Steamed Rice Vegetable Jambalaya (g) Ve Jacket Potato with Salmon Mayonnaise (F,E)	Vegetables Cauliflower & Broccoli Ve Dessert Chocolate Shortbread (G) Ve
Tuesday	Main Meals Thyme Roast Chicken Breast with Roast Potatoes & Gravy Halal Thyme Roast Chicken Breast with Roast Potatoes & Gravy Roasted Ratatouille with Crumble (G) Ve Wholegrain Pasta (G) with Cheese Sauce (G,MK) V	Vegetables Seasonal Greens & Mashed Swede Ve Dessert Mandarin Jelly Ve
	Main Meals Paprika Spiced Chicken & Sweetcorn Pizza (G,MK) Halal Paprika Spiced Chicken & Sweetcorn Pizza (G,MK) Margherita Pizza (G,MK) V Jacket Potato with Tuna Mayonnaise (E,F)	Vegetables Sweetcorn Ve & Coleslaw (E) V Dessert Chocolate & Courgette Sponge (G,E) with Chocolate Sauce (MK) V
Wednesday	Main Meals Fish Fingers (G,F) with Oven Baked Chips BBQ Vegetable Quesadillas (G,MK) V Pasta (G) with Tomato Sauce (C) Ve	Vegetables Baked Beans & Peas Ve Dessert Chocolate Mousse (MK) V
	Main Meals Fish Fingers (G,F) with Oven Baked Chips BBQ Vegetable Quesadillas (G,MK) V Pasta (G) with Tomato Sauce (C) Ve	Vegetables Baked Beans & Peas Ve Dessert Chocolate Mousse (MK) V
Freshly Baked Bread: Tomato & Herb Bread (G,SO,MK,e) V Wholemeal Bread (G,SO,MK,e) V		
Week 3: 12 th September, 3 rd October, 24 th October, 14 th November, 5 th December		

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians
All products are subject to availability.

Allergen Key -
CAPITAL LETTERS = contains, lower case = may contain
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya and Soya products (SO), Sulphites (SU)

Pabulum Salad Bar
Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

BM3 Halal Non Gordon
Available Every Day
Fresh Fruit Platter **Ve**
Homemade Fruit Yoghurt (SO,MK) **V**