

Year 4 Remote Learning Grid – Week 10

Please use this remote learning grid to direct your child's learning while school is not open.

Learning activities are listed by day, with each day consisting of an English, Maths and Topic / Science activity. Activities are designed to consolidate learning that has already taken place, while also allowing children to start to think about learning that will be taking place during the Summer Term. There are three activities set each day. Activities should be completed in the provided remote learning book.

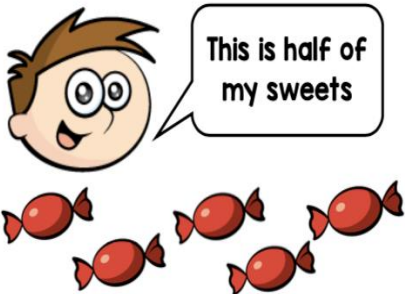
Within your child's home school communication book you will find your child's user and name and passwords for specific online learning resources, which are provided by the school. These resources can be used to support the learning.

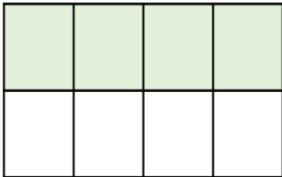
Regular Reading, Spelling and Timetables (At least 3 times per week)

In addition to the daily learning activities, your child should continue to practise their reading, spelling and timetables at least three times per week.

- Year group spelling lists are also available on the school's website. Your child should continue to learn words that they do not know. Please work through these lists. Advice on different ways to practise spellings is also available.
- Times tables should continue to be learnt. Your child should continue to practise all times tables. They may use times tables Rock Stars website to assist them with this.
- Your child has been provided with a school reading book, please continue to read this or an appropriate book, which you may have at home, with them.

Daily Learning Activities

Day	English	Maths	Topic / Science
1	Wellbeing This week I would like you to think about your wellbeing and what it means? There are 5 keys to a positive wellbeing they are: 1. Social – Connecting with others 2. Physical – Being active 3. Intellectual – Keep learning 4. Emotional – Take notice of yours and others feelings 5. Spirituality – Giving back to your community  Create a mind map of the 5 keys to wellbeing and what you can do to promote these in your life. Each day this week I would like you to write a diary entry on how you improved your wellbeing using these 5 keys. You could write about a different key every day or you could just write the ones that you feel you have achieved. Remember you can discuss or write this in your home language if you would prefer.	1 Fill in the missing numbers. 10 less than 46 is more than 30 is 35 2  How many sweets does Teddy have?	In connection with your focus on wellbeing this week in English. I would also like you to think about the word 'resilience' and what it means to you. Resilience can be two things: 1. A materials ability to spring back into shape. 2. The ability of a person to come back from difficulties. For some people the current pandemic can be a very difficult time and they can find it very hard to get back to 'normal' after it is all over. This week I want you to think about a difficult time for you and how you overcame it or are still overcoming it. I would like you to discuss this with your family members. It may be that the current pandemic is the most difficult time that you have experienced. Think about: What you can do to make things better? Will you need help to make things better? Are you going to come out of your struggle a stronger and more resilient person? Use your wellbeing in English to help you with this.

	Example: Dear Diary, Today I focused on my physical wellbeing by taking a walk in the park with my family. The birds were tweeting up high in the trees and it made me feel calm and peaceful.		
2	Wellbeing This week I would like you to think about your wellbeing and what it means? There are 5 keys to a positive wellbeing they are: 1. Social – Connecting with others 2. Physical – Being active 3. Intellectual – Keep learning 4. Emotional – Take notice of yours and others feelings 5. Spirituality – Giving back to your community Each day this week I would like you to write a diary entry on how you improved your wellbeing using these 5 keys. You could write about a different key every day or you could just write the ones that you feel you have achieved. Remember you can discuss or write this in your home language if you would prefer. Example: Dear Diary, This afternoon me and my family video called my grandparents as we were feeling sad about not seeing them for so long. Their beaming smiles through the phone and soft voices made me instantly feel better. I feel that this improved my	3 Lucy shades in part of a rectangle.  She shades some more squares. $\frac{3}{4}$ of the rectangle is now shaded. How many more squares did Lucy shade? 	Positivity Jar Today I would like you to look around your house to find something that you can put little pieces of paper into. This could be an old jar from your cupboard, a small box, or container. I would like you to focus on positive thoughts. Make a list of all the things that you can't wait to do when you get out of lockdown. Some ideas might be: • Going swimming • Going out for dinner • Visiting museums and zoos Once you feel you have enough things on your list you can make your positive thoughts jar/box/container. You can decorate your jar/box/container however you want, this is yours so make it your own. Write your positive thoughts on different colored paper you could even cut them out in different shapes. Keep your thoughts for a sad day, take one out and read it imagining all the positive things you will be doing soon. You can add to your jar whenever you want, add the date you wrote each little thought so when you look back in years to come you can remember this time.

	social wellbeing and I will remember how my mood improved next time I feel down.		
3	Wellbeing This week I would like you to think about your wellbeing and what it means? There are 5 keys to a positive wellbeing they are: 6. Social – Connecting with others 7. Physical – Being active 8. 3. Intellectual – Keep learning 9. Emotional – Take notice of yours and others feelings 10. Spirituality – Giving back to your community Each day this week I would like you to write a diary entry on how you improved your wellbeing using these 5 keys. You could write about a different key every day or you could just write the ones that you feel you have achieved. Remember you can discuss or write this in your home language if you would prefer. Example: Dear Diary, Today I focused on my emotional wellbeing through talking about what makes me sad and what makes me happy with my family. We made a list of the two different things, this helped me to reflect and look back on what makes me happy in my life so that I can focus on these things more.	REMEMBER: 25% is the same as $\frac{1}{4}$ To find a $\frac{1}{4}$ of a number you need to half and half again. $\frac{1}{2}$ of 100 = 50 $\frac{1}{2}$ of 50 = 25 Therefore 25% of 100 is = 25 1 Fill in the missing numbers. 100 less than 20,000 is more than 20,000 is 20,600 2  What number is Teddy thinking of?	Look back at your previous learning to remind yourselves what a Habitat is. - A habitat is a place where animals and plants live, where they can find everything they need to stay alive. Today think about what your habitat is? Answer these questions. You can either talk about them with family or write out your answers. 

			Use this picture to help you answer your questions.  Habitats and Habitat Threats Humans are unique because we can make big changes to our habitats to make sure we have everything we need. - We build roads and vehicles so we can travel everywhere we need safely and quickly.  - We pipe fresh, clean water into our homes to use for drinking, cooking and washing.  - We grow plants for food, and farm animals for meat and dairy products. We even have pets to keep us company!  - We build houses with heating to protect us from cold weather, or with air conditioning to protect us from the heat. 
4	Wellbeing This week I would like you to think about your wellbeing and what it means? There are 5 keys to a positive wellbeing they are: 11. Social – Connecting with others 12. Physical – Being active		We live in a non-rural area which means we are surrounded by more buildings and houses than trees and grass. Have a read of these pictures to gather information about animals whose habitats could be endanger due to things that we do in our shared environment.

13. 3. Intellectual – Keep learning
14. Emotional – Take notice of yours and others feelings
15. Spirituality – Giving back to your community

Each day this week I would like you to write a diary entry on how you improved your wellbeing using these 5 keys. You could write about a different key every day or you could just write the ones that you feel you have achieved. Remember you can discuss or write this in your home language if you would prefer.

Example:

Dear Diary,

Every morning this week I have been doing 20 minutes of yoga. I start with a few minutes of meditation. For me this is lying down in a comfortable position, focusing on my breathing and thinking positive thoughts. This helps me to focus on my spiritual wellbeing and start the day positive.

1 Ron has these digit cards.

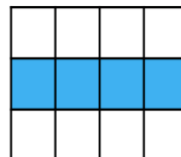


He uses two of the cards to make a 2-digit number.

How many even 2-digit numbers can he make?

2 One third of the shape is shaded.

True or false?



Habitats and Habitat Threats



Even small changes to the habitat of a living thing can be dangerous.



What dangers to living things can you see in these pictures? Can you think of any more?

Habitats and Habitat Threats



Even small changes to the habitat of a living thing can be dangerous.



What dangers to living things can you see in these pictures? Can you think of [any more](#)?

Go for a walk around your habitat, this could include your local town, park or even your own garden.

Write down the different animals you see, and what kind of habitat they live in. Have a think about the dangers they might face. Discuss this with your family. Think about how you might feel if your home was in danger?

5

Wellbeing

This week I would like you to think about your wellbeing and what it means?

There are 5 keys to a positive wellbeing they are:

16. Social – Connecting with others
17. Physical – Being active
18. 3. Intellectual – Keep learning
19. Emotional – Take notice of yours and others feelings
20. Spirituality – Giving back to your community

Each day this week I would like you to write a diary entry on how you improved your wellbeing using these 5 keys. You could write about a different key every day or you could just write the ones that you feel you have achieved. Remember you can discuss or write this in your home language if you would prefer.

Example:

Dear Diary,

Last week I ordered a new book online, it is called Fantastic Mr Fox, by Roald Dahl. All week I have been checking the post to see if there was a little package just for me, I have been bursting with excitement. Today it finally came! I can't wait to sit in a quiet corner of my house and bury my nose deep inside the new pages. I found out that reading helps improve my intellectual wellbeing as it means I am continuing my learning.

Today after you have completed your final diary entry, I would like you to reflect back on what

3 Tick all the calculations that have an answer greater than 40

$$43 + 39$$

$$35 - 6$$

$$23 + 28$$

$$10 \times 7$$

$$24 \div 2$$

Did you tick any without working them out?



Using your notes that you wrote yesterday on your animal search, complete this table.

You can draw this table out again in your blue book.

Change to environment – This box is for things that might have changed where the animal lived. New houses being built? Or new predators in town?

Danger to living things – This is where you write why the change to the environment will be a danger to the animals. What is going to happen to them because of this change?

What can be done to help – This is where you can use the internet to discuss what you could do to help the animals.

Environmental Dangers Record

Change to environment	Danger to living things	What can be done to help



planit

Science Year 4 Living Things and Their Habitats Look and Learn Survey Lesson 2

	you have wrote and how you are feeling this week. Do you feel different to last week? Do you think you have improved your wellbeing? Are you going to focus on doing more things that make you happy?		